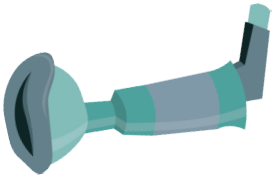


Medicines and household products



How do these help us?	Are there any risks? What are the risks?	What would help reduce the risks?

07:30	Frankie wakes up and washes her face. Frankie has asthma, so after getting dressed Frankie takes her brown inhaler.
08:30	After breakfast, Frankie helps Dad to tidy the kitchen. Frankie clears away the plates and bowls and Dad wipes down the surfaces using liquid spray and a cloth.
09.30	Mum is off to work but before that she has a doctor's appointment – it's time for her yearly flu vaccination.
10:30	Aunt Lusia is in the garden. It is hot and sunny, so Aunt Lusia puts sun cream on her face and arms.
11:30	Dad cleans the cat litter tray and remembers to treat Kota with worm-prevention drops, carefully putting the empty tube in the bin afterwards.
12:30	Back at school, Frankie has just finished maths and now it's time for lunch. The teacher reminds the class to wash their hands with soap before going into the lunch hall.
13.30	Aunt Lusia has a headache. She has drunk some water and had a nap, but it is not going away. She looks in the bathroom cabinet for some paracetamol tablets and reads the instructions on the back of the packet, before taking two.
14:30	During P.E. Frankie suddenly finds it difficult to breathe easily. Frankie uses her blue inhaler. After a few minutes, Frankie feels better and joins back in.
15:30	Aunt Lusia puts the washing in the machine and adds a washing capsule. She puts the box of washing capsules away on the high shelf above the machine
16:30	Before dinner, Frankie helps Dad to clean the bathroom. Frankie sweeps the floor and Dad puts on gloves before putting bleach in the toilet. Some gets spilt on the floor, so Dad mops it up.
17:30	Dad makes sure the caps are screwed on securely on all the cleaning products, puts the bottles away in the kitchen cupboard and locks it.
18:30	Frankie has a bath with soap and Mum helps her wash her hair with shampoo. Some shampoo accidentally goes in her eyes, so mum quickly rinses it with water.
19.30	Just before bedtime, Frankie brushes her teeth with toothpaste and takes the brown inhaler again.



1. After gymnastics club one day, Frankie is feeling short of breath but has forgotten her inhaler. Her friend, Dion, also has asthma and offers her his to take instead.



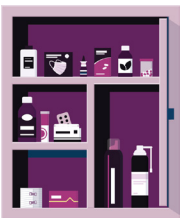
2. Out in the playground Frankie and her friend Milen are playing dares. Milen takes out a small bottle of liquid from his pocket. He says it is his sister's medicine, that they had a bit the other day and it tasted nice. Milen dares Frankie to drink some.



3. At school, Frankie is queueing to use the hand sanitiser pump before lunch. Frankie sees a child in Year 1 rub it onto their face and run off into the lunch hall. After a while the child's face goes red and their eyes start to sting.



4. When she gets home, Frankie walks into the kitchen to find her younger cousin playing with some cleaning product bottles from the kitchen cupboard. One has just spilt onto the floor, and some has gone onto her cousin's hands.



5. Frankie is not feeling well and so Mum fetches some medicine from the medicine cabinet at home. Mum tells Frankie to take some and then rushes to answer a phone call. Frankie isn't sure how much to take.



6. Dad has been taking tablets from the doctor for a few weeks. The instruction label states that one of the side effects is tiredness and that anyone taking the tablets should not drive or operate machinery. Dad is a lorry driver and is getting ready to go to work.



7. Aunt Lusia takes all the headache tablets out of the packet and throws the packet away, she takes two and leaves the rest on the kitchen table. Frankie sees them on the table and wonders what they are.