



Gloucestershire
Healthy
Living and Learning

GHLL Offer for YMM Schools

2024 - 2025



For Children and Young People

- [TiC+](#)
- Self-Harm Awareness Training (through year group assemblies)
- [Boost Programme \(Peer Mentoring\)](#)
- [Daily Mile](#)
- [OAKS project](#)
- [Intergenerational Dementia Project](#)
- [Five Ways to Wellbeing](#)
- [Trusted Emotionally Available Adult \(Primary, GHLL\)](#)
- [Keeping Myself Safe \(Primary, GHLL\)](#)
- [Counting Sleep \(Primary, GHLL\)](#)
- [Make Me a Superhero \(Primary, GHLL\)](#)
- [Peer Mediation \(Primary, GHLL\)](#)
- [Keep Breathing \(Secondary, GHLL\)](#)
- [Give and Get \(Secondary, GHLL\)](#)
- [Beyond Fed Up \(Secondary, GHLL\)](#)

For Staff

- Bespoke PSHE curriculum planning, including [Primary R\(S\)HE Planning Framework](#)
- Mental Health First Aid (MHFA) England Training: [Two-day youth session](#) or [half day lite](#)
- Mental Health e-Learning Package
- [ACES Training \(online\)](#)
- [Trusted Emotionally Available Adult \(TEAA\) Training with resource](#)
- [Self-Harm Awareness Training](#)
- Training Courses with Educational Psychologists:
 - [Supporting CYP through Loss and Bereavement 19/11/24 \(half day\)](#)
 - [Trauma and Attachment 25/03/25](#)
 - [Emotional Literacy Date TBC \(whole day\)](#)
- Staff Wellbeing Session
- [TiC+](#)
- [Pupil Wellbeing Survey](#)
- [Healthy School/College Award](#)
- [Mental Health Champion Award](#)

For Parents

- [TiC+](#)
- Self-Harm Awareness Training
- Parent Wellbeing Session

Any questions, please contact:

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