



Lumi Nova School Club Guide

Intro: A school club is a great way to support young people to use Lumi Nova to overcome their fears and worries ... We have created a short guide to support you to set up a successful school club. If you have any questions please don't hesitate to contact the team.

Devices

Firstly you will need to decide how students will access Lumi Nova at school. Has to be a tablet or phone, not a computer. There are two options:

1. Child BYO device from home
2. Using school devices if available

Students can log into more than one device using their game key, they will need to have access to the internet at home and school before swapping devices so their progress has been saved.

Introducing the Lumi Nova club to families

We have included an information sheet for families that you can share to introduce Lumi Nova. This includes; what Lumi Nova is, a list of goals available, how to register for Lumi Nova and download the app. Please also find our explainer video here:

<https://www.youtube.com/watch?v=mmgrU4zXU3M>

This explains what Lumi Nova is and how it can support young people and their families

You will need to request that families share with you the game key, request consent as appropriate and the 3 shortlisted goals they have chosen with their young person.

You will need to consider how you are going to liaise with families around their child's use of Lumi Nova at home and in school.

What to do in a Lumi Nova Club

We recommend that during the first session you introduce fears and worries to the group using the Lumi Nova Workshop:

The 'Talking about worries' interactive workshop designed for years 3 - 6. The session lasts approximately 45 minutes and supports students to:

- Recognise what worries might feel or look like
- Suggest some actions that a person might take if they are worried
- Have an idea about what might work best for you to help you deal with worries

Attached a folder that contains everything you will need to deliver the session:

1. Lesson Plan
2. Activity Sheet
3. Slideshow Presentation

For future sessions you can allow students to continue to progress in the game with staff support. We recommend only completing and repeating 'in game' challenges. Parents may wish to engage to support their child with 'out of game' challenges.

It would be great to check in with you when it's up and running to see how it is going.

Attached:

- Parent info sheet for Gloucestershire
- Workshop Folder