

May 2024

GHLL Bulletin

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We are excited to announce the return of our much-anticipated conference for 2024.

'Education that prepares for life today and tomorrow'

Thursday 27th June 2024

We have a host of great keynote speakers lined up and a fabulous array of workshops to choose from, as well as a marketplace of 50+ local companies or charity organisations that can offer support to you and your school. Our invitation below gives more information on what we have lined up on the day,

Spaces are limited to 1 per setting and will be allocated on a first come, first serve basis so please get your booking in early.

You'll need to request your workshops at the time of booking, so please take the opportunity to look at the options now.

[Reserve your place](#) at the conference today on GCC plus.

Having trouble booking? Speak to your setting manager or office who may be able to assist with your booking.

[Conference Invitation](#)

[Workshop Overview](#)



Gloucestershire Healthy
Living and Learning

WHAT'S NEW

LOOK AT OUR WEBSITE

[Home : Gloucestershire Healthy Living and Learning \(ghll.org.uk\)](https://ghll.org.uk)

SEE OUR TRAINING

[Training : Gloucestershire Healthy Living and Learning \(ghll.org.uk\)](https://ghll.org.uk)

CATCH UP

View previous issues

[GHLL Bulletins : Gloucestershire Healthy Living and Learning](#)

Boost Programme



Helping young people better deal with life's day to day challenges through self-leadership [Boost Programme \(beboost.co.uk\)](https://beboost.co.uk)

Young People's RSE Poll 2024



Sex Education Forum have launched their annual poll. More information can be found on their website [Young people's RSE poll 2024 | sexeducationforum.org.uk](https://sexeducationforum.org.uk)

Wear it Green Day - 16th May



Go green for the day to show solidarity with people experiencing poor mental health and raise awareness to achieve good mental health for all.

Charlie Waller Trust



Check out this podcast series: [Charlie Waller podcast: Stigma to Strength](#), drawing from the hosts personal experiences and signposting professional mental health support.

[Pupils find mental health help inside Resilience Rucksack - University of Reading](#) Charlie Waller Trust partnered with University of Reading to bring these great resources to schools

[Free practical mental health resources | Charlie Waller Trust](#)
Aimed at parents/ carers, please signpost to these Eating Disorder workshops in April/ May [New Maudsley Training Course Dates \(charliewaller.org\)](#)

One Million Voices



Drawing on insights from children responding to The Big Ambition survey, a report has been formally launched in parliament. [Read more here.](#)

GHLL Awards



Congratulations to the following schools for achieving accreditation:

Healthy Schools Award

Alderman Knight School
Bream CofE Primary School
Coalway Junior School
Forest High School
Katherine Lady Berkeley's School
Parkend Primary School
Queen Margaret Primary School
Rednock School
Sir William Romney's School
St Peters RC High School and Sixth Form Centre
Woolaston Primary School

Dates have been agreed for award submissions for next academic year

Healthy Schools Award

27th November 2024
19th March 2025
25th June 2025

Mental Health Champions Award

8th January 2025
4th June 2025



After 14 years, Alcohol Education Trust have changed their name to The Talk about Trust. The name change comes from a reflection that they talk about so much more than alcohol. Check out their full range of resources on their brand new website

[Talk About Trust](#)

Staff Wellbeing Hub

This content has kindly been shared by Gloucestershire County Council who are committed to helping educational settings provide a healthy working environment to their staff.

They aim to do this by providing information, advice, and guidance from the council's relevant stakeholder business areas that come together as an Education Staff Health and Wellbeing Group. The group meets regularly to promote good practice, monitor health and wellbeing trends, share ideas and coordinate services.

A core ambition is to provide this Wellbeing Hub so that educational settings can find all related health and wellbeing information in one place.

[Staff Wellbeing Hub : Gloucestershire Healthy Living and Learning \(ghll.org.uk\)](#)



Relationships Education and LGBT+



[Sex Education Forum](#) have commented to say that young people are calling to protect LGBT inclusion in relationship education.

Behaving safely around dogs



Dogs Trust have a team of Education Officers that can visit schools across Gloucestershire delivering workshops on how to behave safely around dogs. The primary focus is KS2 but they also have workshops for KS1. This provision is completely free.

[A4 poster](#)
[Workshops guide](#)

PSHE Association



Further mental health resources have been released which may be of use in the classroom.

[Mental health \(pshe-association.org.uk\)](#)
[Resources landing \(pshe-association.org.uk\)](#)

Help spot domestic abusers in Gloucestershire



[Domestic Abuse Routine Enquiry \(DARE\) - Free Training for Gloucestershire Professionals - Hampton Trust](#)

NSPCC Talk Relationships



Aimed at supporting secondary schools to deliver sex and relationship education, confidently and inclusively.

[Talk Relationships: resources to deliver sex and relationships education | NSPCC Learning](#)

Pupil Wellbeing Survey (PWS) now closed

Thank you to all schools, colleges and staff who have supported in the completion of the survey. [Pupil Wellbeing Survey 2024 : Gloucestershire Healthy Living and Learning \(ghll.org.uk\)](#)

A review of sexual violence support needs and services in Gloucestershire

Whilst appreciating this is a sensitive and triggering topic, Gloucestershire OPCC are seeking the authentic voice of those with lived experience of sexual violence. If you are able to, or know of someone who can, please complete this [survey](#).



Kids Walk to school day – 19th June 2024

Free primary school resources for Walk to School Day.

[Brake's Kids Walk | Brake](#)



Dementia week 13/19 May

Check out events happening across the week

[DAW poster](#)



Managing Children's stress during SATs week

Children can feel great overwhelm and stress in the build up to, and during SATs week. This article from Headteacher Update sets out three approaches to help children cope during this time.

[Overwhelmed during SATs? Create a toolkit to support pupils May 13 to 16 2024 key stage tests primary schools mental health \(headteacher-update.com\)](#)

Podcast: Protecting headteacher wellbeing during Ofsted Inspection

[Headteacher Update Podcast: Protecting headteacher wellbeing during Ofsted inspection Education, primary school, school, teaching.](#)

Lumi Nova



An engaging child-led, parent/ guardian supported therapeutic intervention for use on most smartphones and tablets.

This app is designed to empower 7-12 year olds with mild to moderate needs to learn to self-manage fears, worries and anxiety.

Free to all young people in Gloucestershire.

Check out their additional videos and content to showcase what Lumi Nova can offer.

[Lumi Nova : Gloucestershire Healthy Living and Learning \(ghll.org.uk\)](#)

Preventing and Managing common childhood illnesses

Please find below useful information and guidance from the South West Health Protection team to help schools and settings prevent and manage cases and outbreaks of common childhood illnesses:

- We're seeing high numbers of Whooping Cough (pertussis) infection currently. Cases should remain off school/ EY setting until 48 hours after they started taking antibiotics. This helpful poster summarises guidance on when to keep children off [Should I keep my child off school checklist poster \(publishing.service.gov.uk\)](#).
- Information to help prevent and manage infections in early years and education settings can also be [found here](#)
- The [NHS website](#) also has useful information on Whooping Cough, including the childhood and pregnancy immunisations. Please also find a useful leaflet for pregnant women here [Whooping cough and pregnancy booklet \(publishing.service.gov.uk\)](#) which can be shared with your networks.