

NSPCC Talk Relationships Ages 14-16

Lesson 1 - Resource 1: Unit baseline mind map

What rights do people have in relationships, and how might someone respect these rights?

What might influence a person's expectations of themselves, others and how a partner should behave in a relationship?

Answer the questions in the boxes, but leave space to return to these at the end of the unit.

How might someone know if they're ready for sexual intimacy, and how else can partners express intimacy in relationships?

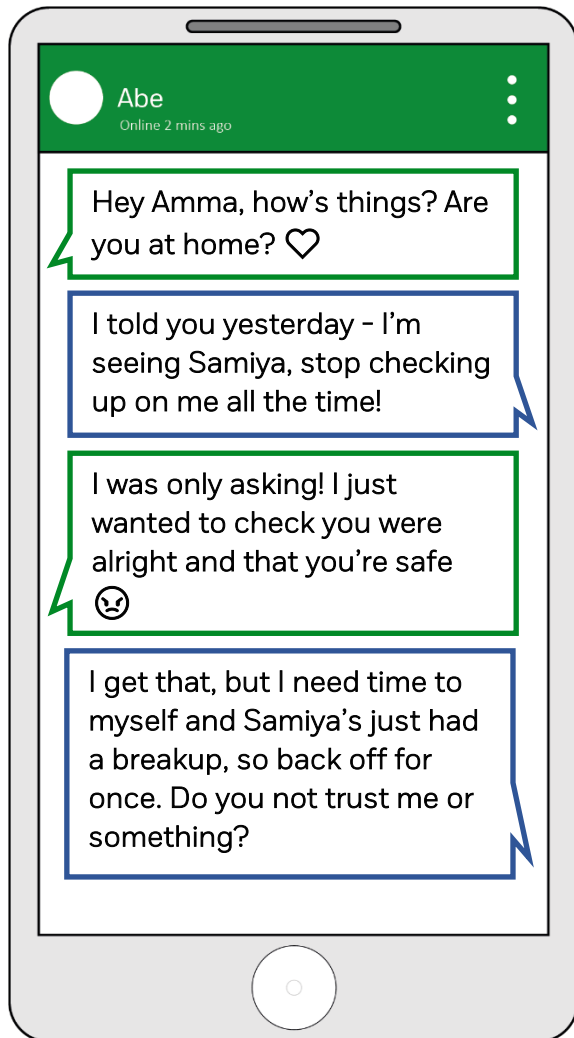
How might someone know they're in an unhealthy relationship, and what support is available to help them?

One question I would like to answer by the end of this unit is...

NSPCC Talk Relationships Ages 14-16

Lesson 1 - Resource 2: Talking about values

What might Abe and Amma say to each other to communicate respectfully how they're feeling?



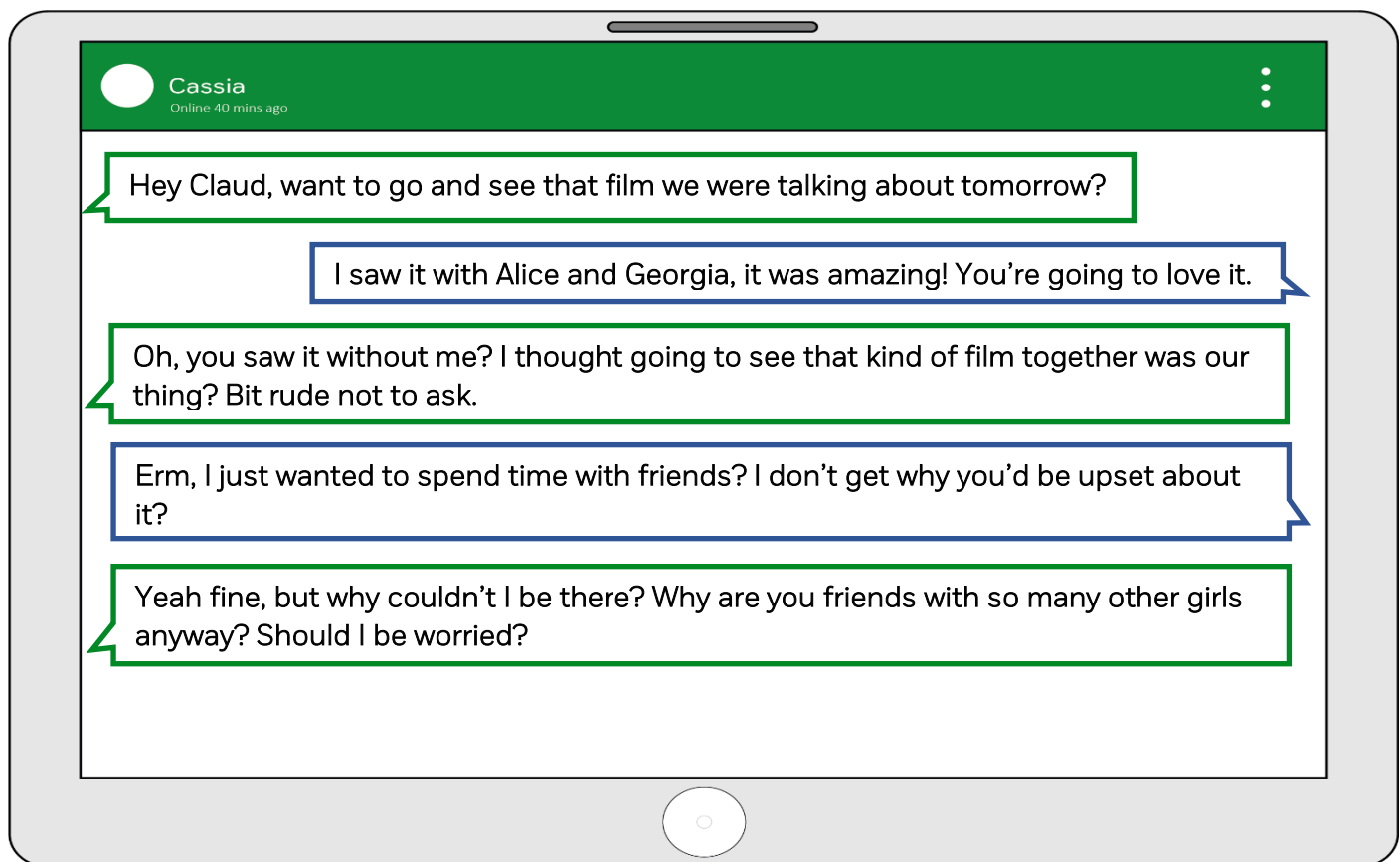
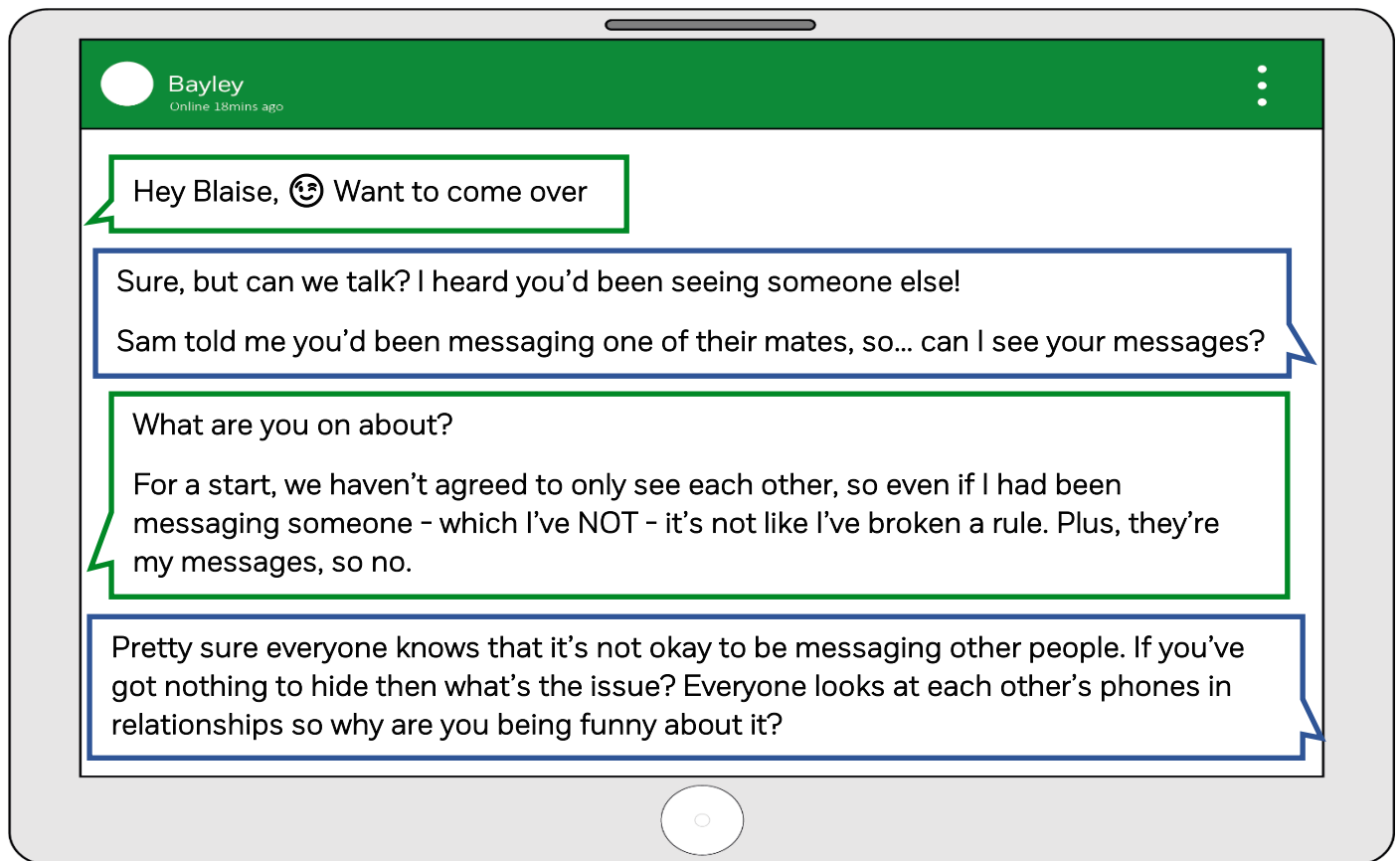
Abe might say...

Amma might say...

Values suggestions:

Showing care	Being independent	Fairness	Time with friends and family	Having time to themselves
Connecting with each other	Shared experiences	Being able to trust someone	Privacy	Being honest

NSPCC Talk Relationships Ages 14-16



NSPCC Talk Relationships Ages 14-16

