

NSPCC Talk Relationships Ages 12-14

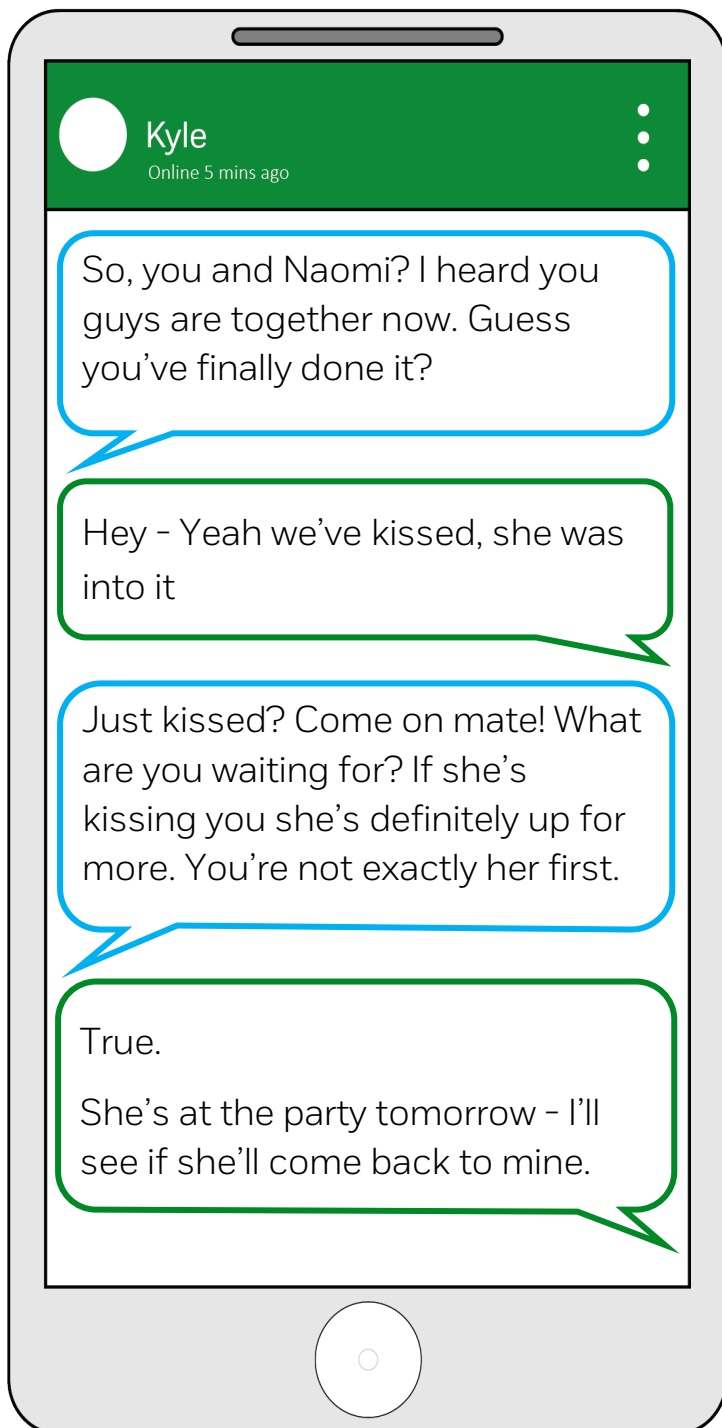
Lesson 5 - Resource 1: Card sort

Someone shaking their head or moving away.	Someone verbally giving positive feedback that they like an activity as they engage in it.
Someone enthusiastically and clearly saying "yes".	Having a physical response such as an erection or other forms of arousal.
Someone gave consent to an action in the past.	Someone saying they've changed their mind.
Someone giving positive non-verbal signs like smiling, nodding, or moving closer.	Someone saying "no" when asked if they want to do something.
One person starting an activity with another person who is asleep.	Someone not saying anything.

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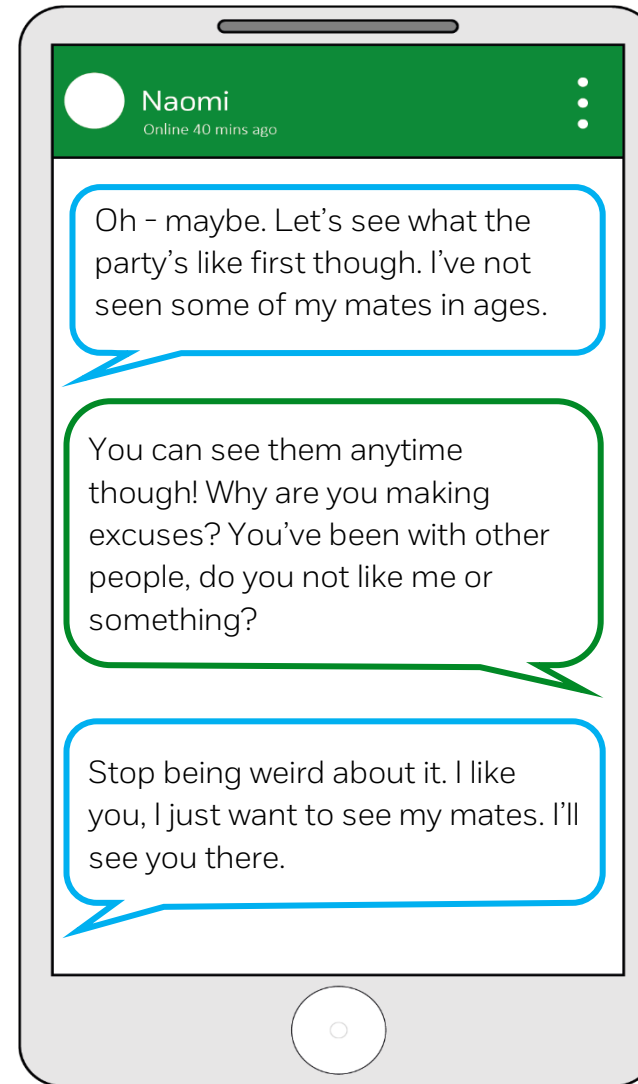
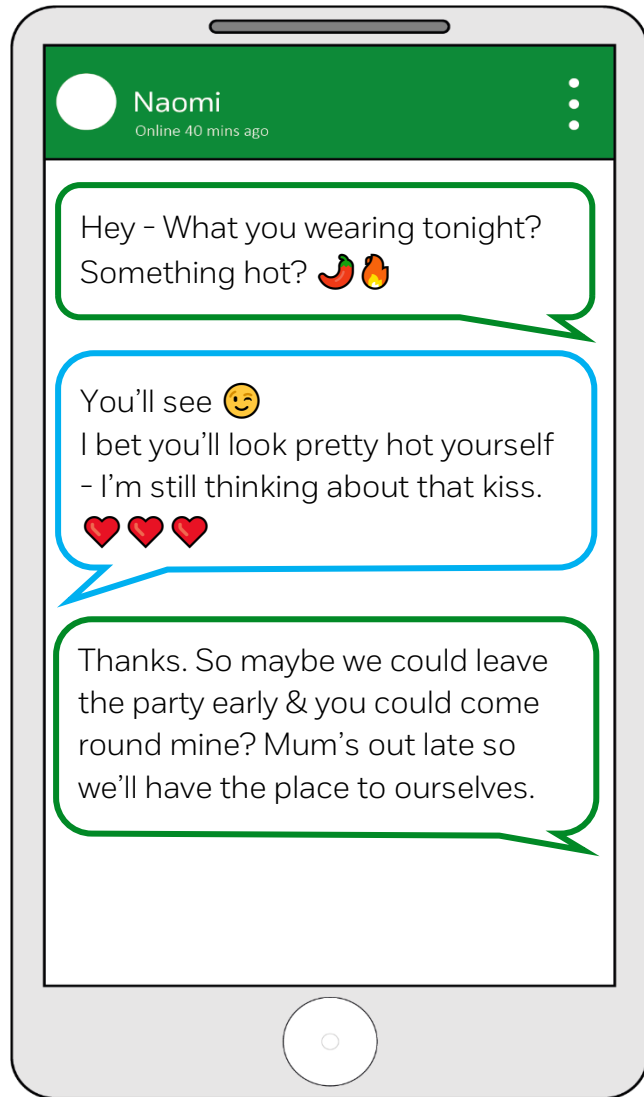
Resource 2: Zach's message logs

Friday



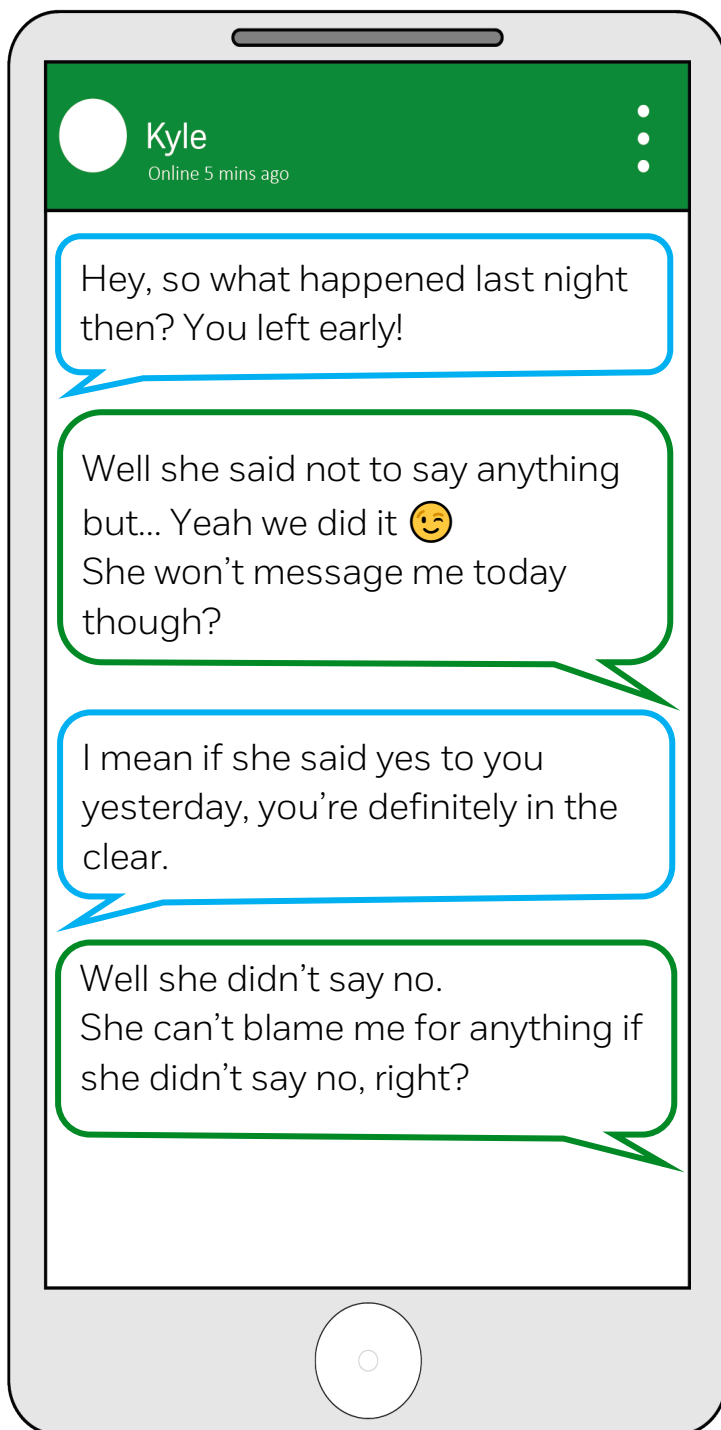
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Saturday



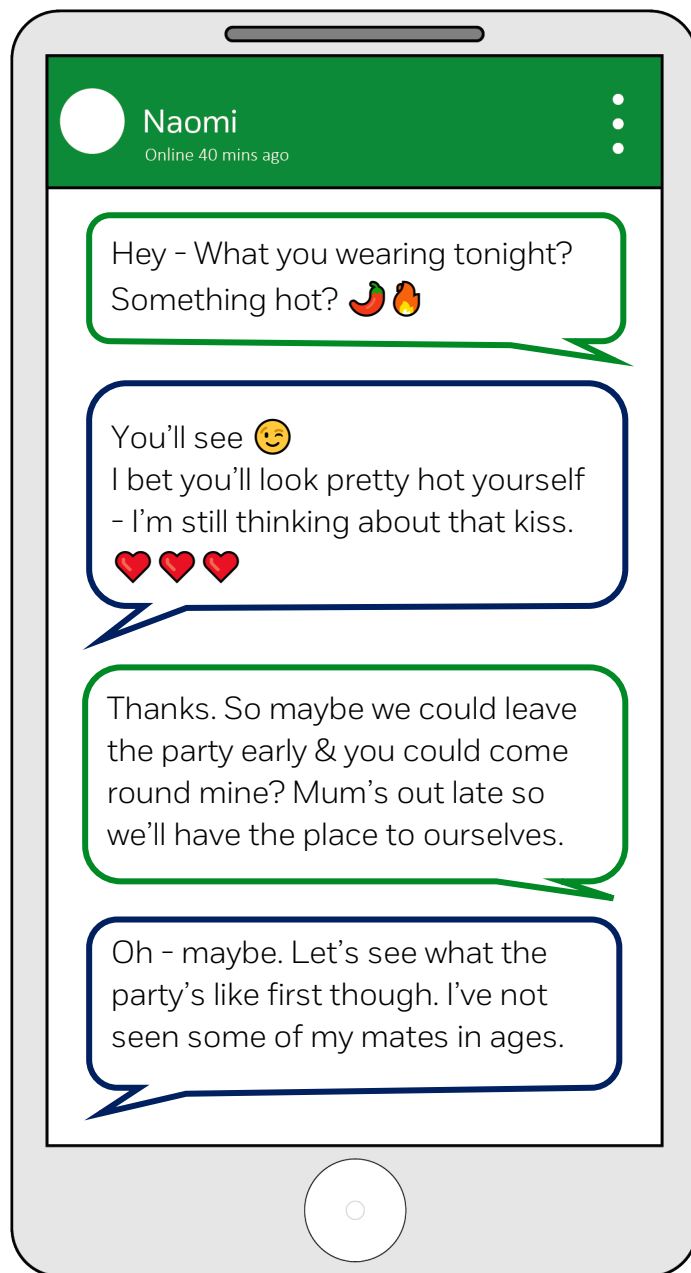
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Sunday



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Resource 2a: Zach's Missing messages



What could Zach say to check in with Naomi about what she wants?

A large, empty green speech bubble shape intended for the user to write a response to Zach's question.

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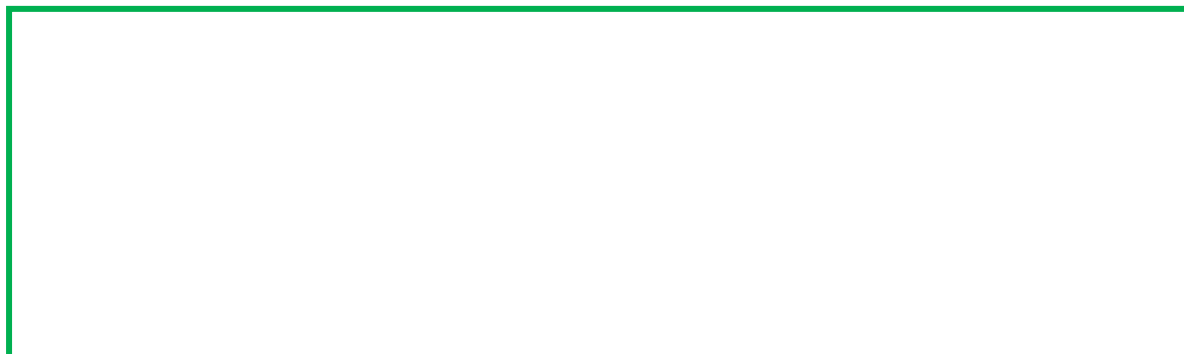
What might Naomi say to communicate that she doesn't want to have sex or do other sexual things?



What could Zach say to show he respects Naomi's decision?



If Naomi said in a message that she wanted to have sex, what could Zach say in person to find out if she still wanted to after they had gone to the party together?



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Resource 3: Support Services Handout

It's important that people know where they can go to seek help, support, and guidance about any concerns they have, especially those concerning relationships.

For many young people, the first place they turn might be to trusted friends and family, who can talk through a situation and suggest ideas. But it is also helpful to know there are lots of other places to seek support.

School staff, for example:

- Form tutors
- Heads of year
- Class teachers
- The school counsellor / nurse / behaviour mentor
- The school's child protection lead(s)

Beyond school:

Organisation	Phone	Website
Childline	0800 1111	childline.org.uk
Childnet	N/A	childnet.com/young-people
Rape Crisis	0808 802 9999	rapecrisis.org.uk
Victim Support	0808 1689 111	victimsupport.org.uk