

# Community Connections Project

MS Society



The aim of the **Community Connections Project** is to revolutionise support for those living with and affected by MS, serving Wales and Southwest England.

This new initiative is here to **make life easier** for those with MS, their families, friends, and unpaid carers.

Covering Wales and Southwest England, including Cornwall, Devon, Somerset, Bristol, Gloucestershire, and Wiltshire.

## How we can help

- Practical guidance on finances, the cost of living, energy efficiency, and more
- Support with referrals to MS Society services, Citizens Advice, and local health or care providers
- Wellbeing advice through connections to benefits, activities, and other expert organisations
- Personalised help from our team, who'll take the time to understand your needs and match you with the right resources

## A collaborative effort

This project was created in response to listening events held with the MS community in 2023. It is funded by Wales and West Utilities (WU) until March 2026. It's all about learning what works best, so we can shape better services for the future.

## How to access our services

Email us at [MSconnections@mssociety.org.uk](mailto:MSconnections@mssociety.org.uk)  
or call our MS Helpline at **0808 800 8000**

