Online relationships

Learning objective:
To learn about the benefits, challenges and risks involved in the use of social media and about the ways to manage risk online.

Learning outcomes:
- Evaluate the benefits, challenges and risks involved in using social media.
- Identify when relationship behaviours online carry risk, and strategies to manage risk online.
- Explain how to seek help if concerned about something that happens online.

Baseline assessment

Draw a square on the line to indicate how confident you are about each statement:

Statement 1: *I can explain the benefits and challenges of using social media*

Not confident   Confident

Benefits of using social media	Challenges of using social media

Then add anything you already know into the boxes

Evaluating social media and gaming platforms

In your groups, combine your lists of benefits and challenges of using social media and gaming platforms. Add any further ideas to these lists from the following prompts:

Sharing information	Connecting with people
Entertainment	Distraction
Source of support	Feeling pressured
Frequency and ease of use	Length of time content lasts

Talking heads

Read the comments on your sheet and identify the similarities and differences in these people's experiences of social media.

How do people use social media differently?

Why do people take and post selfies or videos of themselves?

What positives and negatives of social media have the people identified?

Are any of these people's opinions concerning? Why?

How might using social media affect someone's self-worth?

Managing risk

Read the story stems and finish the story as a storyboard or script. Consider:

How should the character respond to the situation?

Why would this be the best thing to do?

What would happen next if they did this?

Where might they go to seek help?

Endpoint assessment

Draw a triangle on the line to indicate how confident you are now about each statement:

Statement 1: *I can explain the benefits and challenges of using social media*

Not confident   Confident

Benefits of using social media	Challenges of using social media

Then, using a different coloured pen, add anything new you have learnt and make any changes needed

Signposting support

If you need support or advice, or have concerns, seek help:

In school
- Teacher
- Tutor
- Head of Year

At home
- Parents or carers
- Other family members

Childline
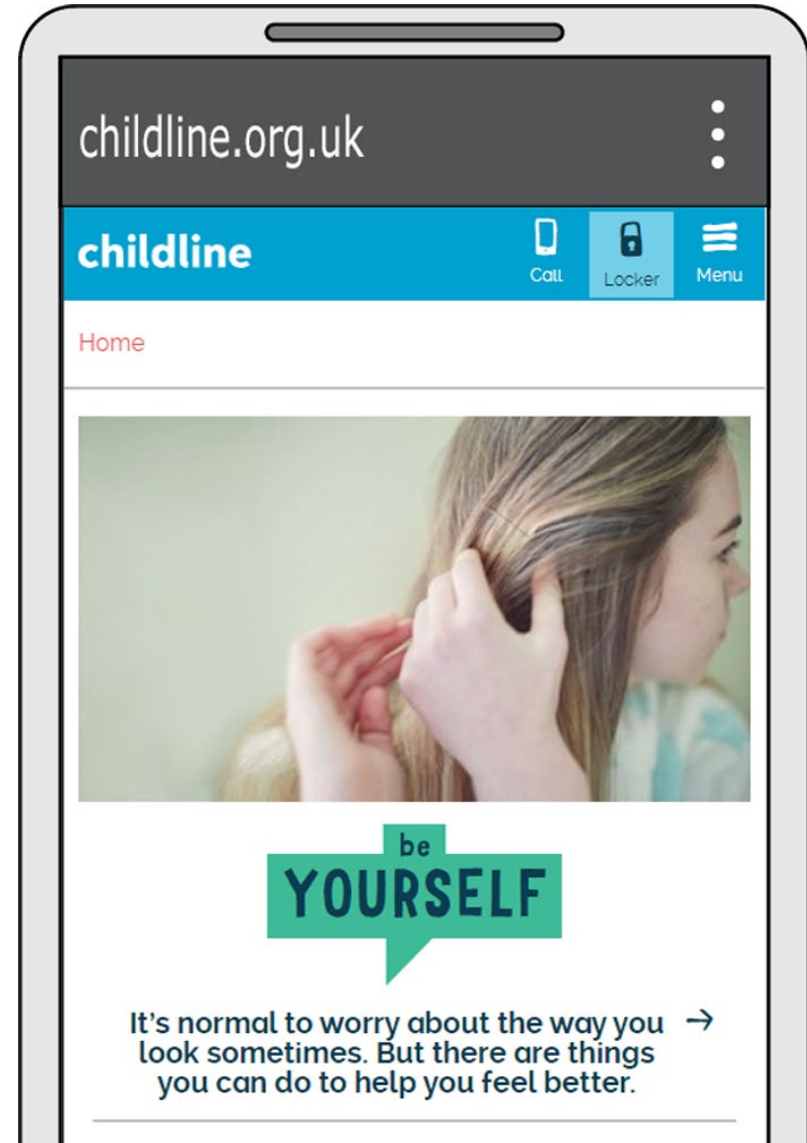
If you need support or advice, or have concerns, seek help:

www   **childline.org.uk**

📞   **0800 1111**

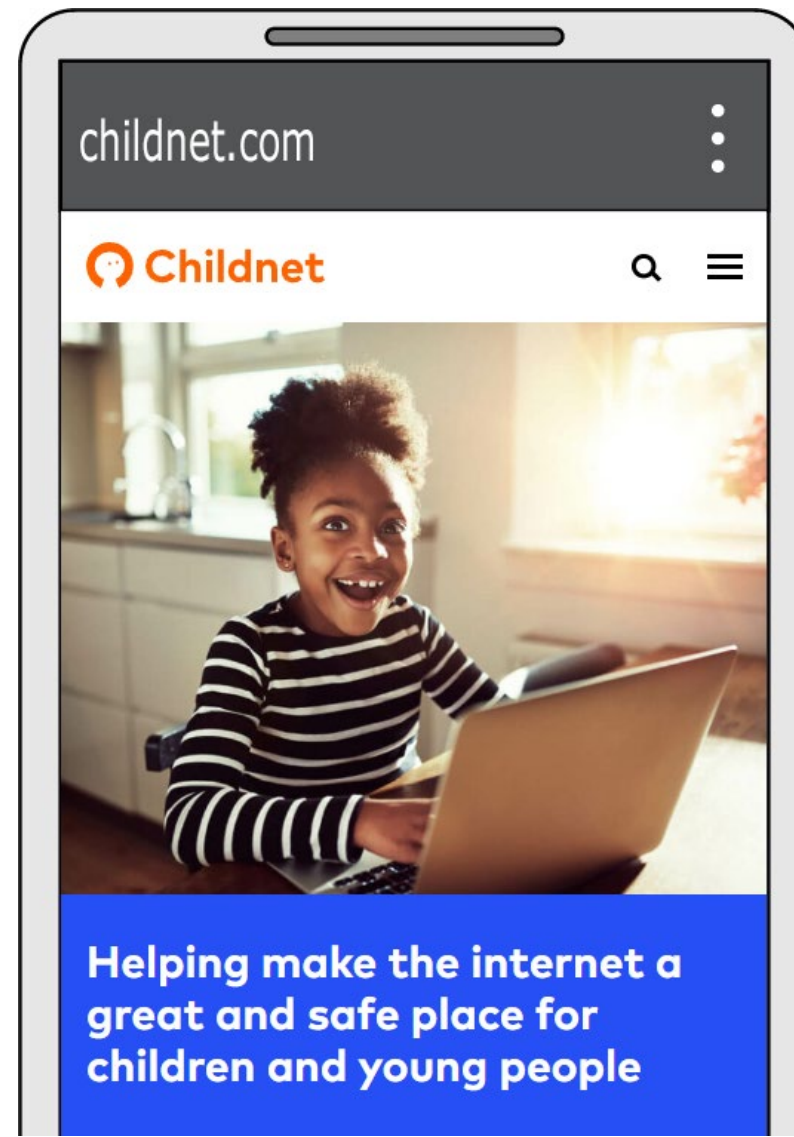Childline is a free 24/7 service for children and young people.

Childnet

If you need support or advice, or have concerns, seek help:

www **Childnet.com**

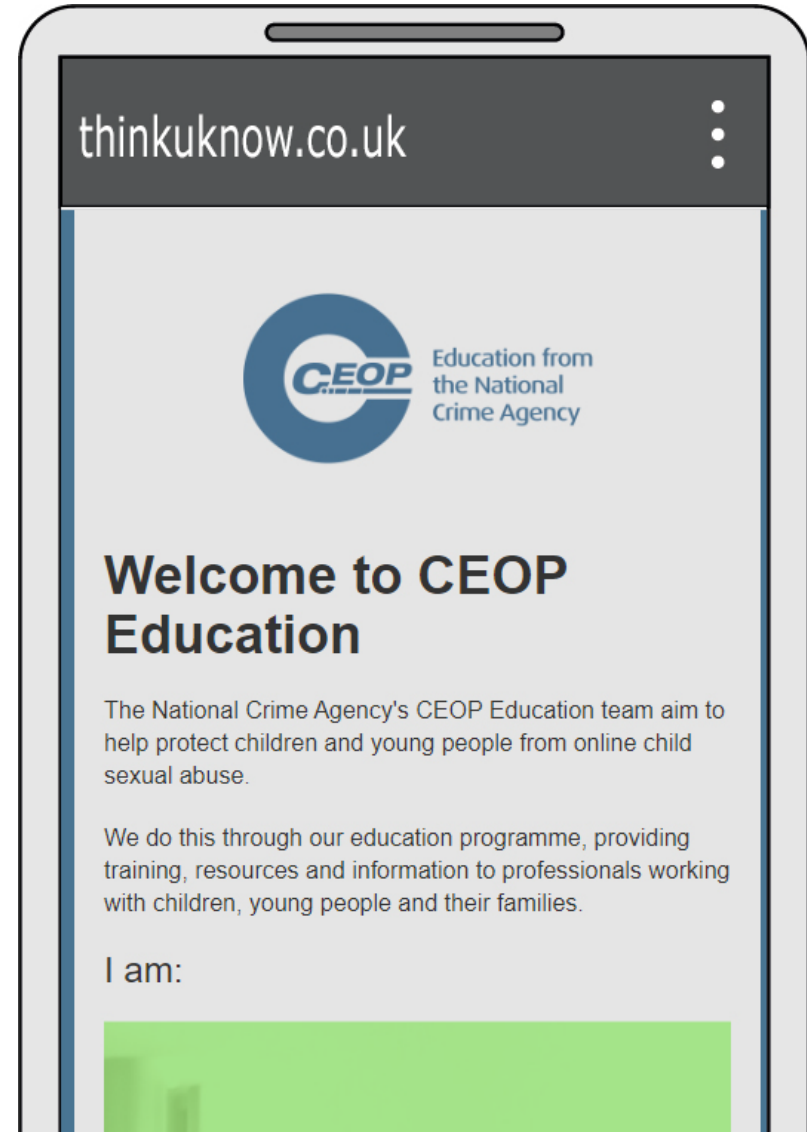Provide advice for young people on where to go to get help

NCA-CEOP

If you need support or advice, or have concerns, seek help:

Thinkuknow.co.uk

Education from the National Crime Agency's CEOP team.

thinkuknow.co.uk

CEOP | Education from the National Crime Agency

Welcome to CEOP Education

The National Crime Agency's CEOP Education team aim to help protect children and young people from online child sexual abuse.

We do this through our education programme, providing training, resources and information to professionals working with children, young people and their families.

I am:

Extension activity

Write a letter, or a persuasive speech directed at the head of a social media platform.

The letter or speech should provide advice about how to support young people online, specifically recommending new rules, guidance, or boundaries to be put in place in order to make online networking a safer experience.

The letter or speech might include suggestions such as:

- It should be made clear when photos have been edited or changed.

- Privacy settings should automatically be set to maximum unless the user changes them.

- People who are not your friends shouldn't be able to send you a private message.

- Sites should have to reply if you report abuse to explain what they are doing.

- Sites should be stricter about the age limit for joining or there should be specific social media that is user friendly and safe for younger people.

Questions?