

NSPCC

Pornography

Talk Relationships

EVERY CHILDHOOD IS WORTH FIGHTING FOR

PSHE Association
Quality Assured
Resource

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Pornography

Learning objective:

To learn about how pornography can affect people and their relationships.

Learning outcomes:

- Explain what pornography is and how sites may use data to influence viewers' choices.
- Describe how pornography can distort someone's expectations about themselves, other people, and relationships.
- Identify how someone can seek support if they're concerned about the effects of pornography.

What is porn?

Pornography is a video, story or picture that's been designed to make someone feel aroused.

Who do you agree with most?

Decide whose opinion you agree with most and explain why.
Is pornography harmful? If so, how, why and to whom?

A. Adults stress out about teenagers watching porn, but it's not really doing any harm.

B. Porn can be harmful sometimes because it might make someone feel bad about themselves and their body.

C. I use porn to find out about what people like during sex, but I don't think it's always accurate.

D. Porn is pretty gross, I think it gives people the totally wrong idea and I don't like that it can be violent sometimes.

E. I've never seen porn and I feel pretty lucky because I wouldn't want it to distract me from real relationships.

Positive sexual relationships

Match the sentence halves to describe features of positive sexual relationships.

A Both partners want to have...

B Both partners respect...

C Both partners find each other attractive...

D The sex isn't about...

E It isn't only about sexual arousal.
Both partners...

1 ...each other and their rights, and want the same things.

2 ...the positions or how long they can last.

3 ...in lots of different ways, not just in appearance.

4 ...feel good about themselves and comfortable with their partner.

5 ...sex and are happy with what they are doing.

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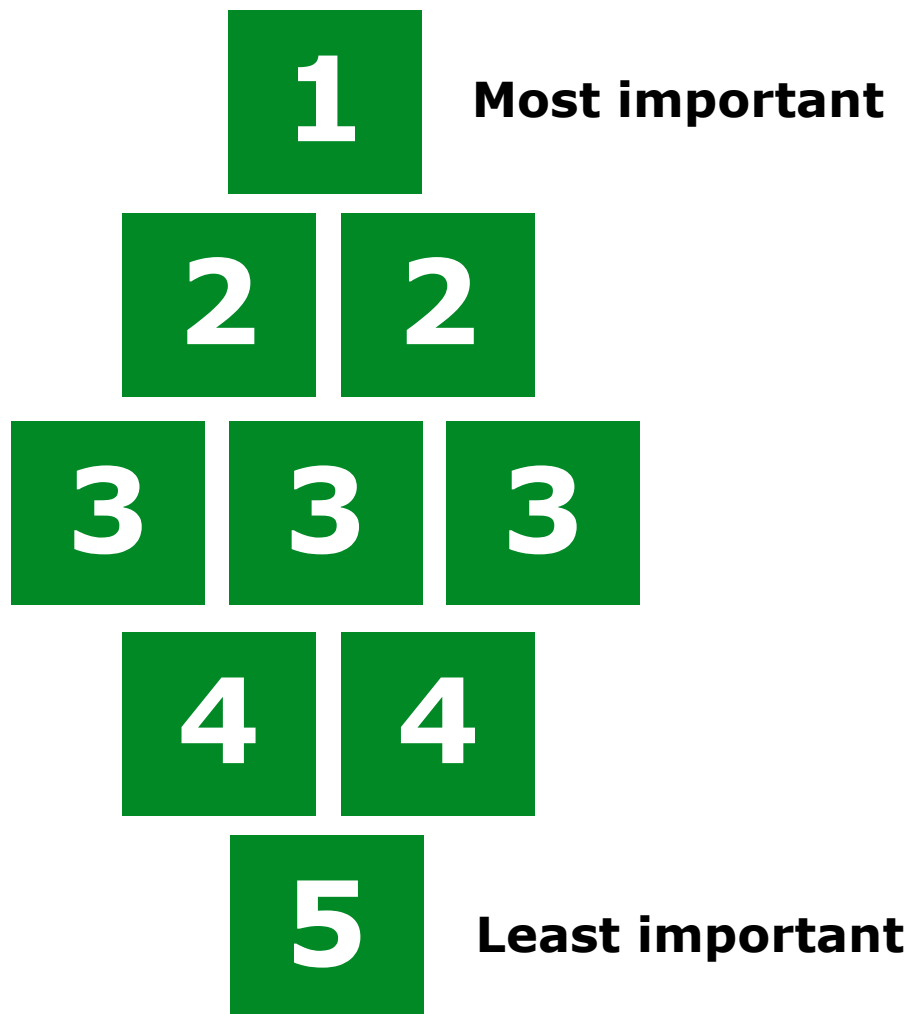
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3 ...in lots of different ways, not just in appearance.

2 ...the positions or how long they can last.

4 ...feel good about themselves and comfortable with their partner.

Why does it matter?



In groups of 3-4, sort the cards, starting with the most important aspect for young people to understand, at the top of the diamond.

Work down towards the less important aspects for young people to understand, at the bottom of the diamond.

Giving advice

Respond to the young person below.

Think of three to four pieces of advice you would give them.

I'm really worried by how much porn I'm watching, and the videos the site recommends are getting really intense.

I watch them, but I feel ashamed and kind of angry afterwards.

What do I do?

Reflection and endpoint assessment

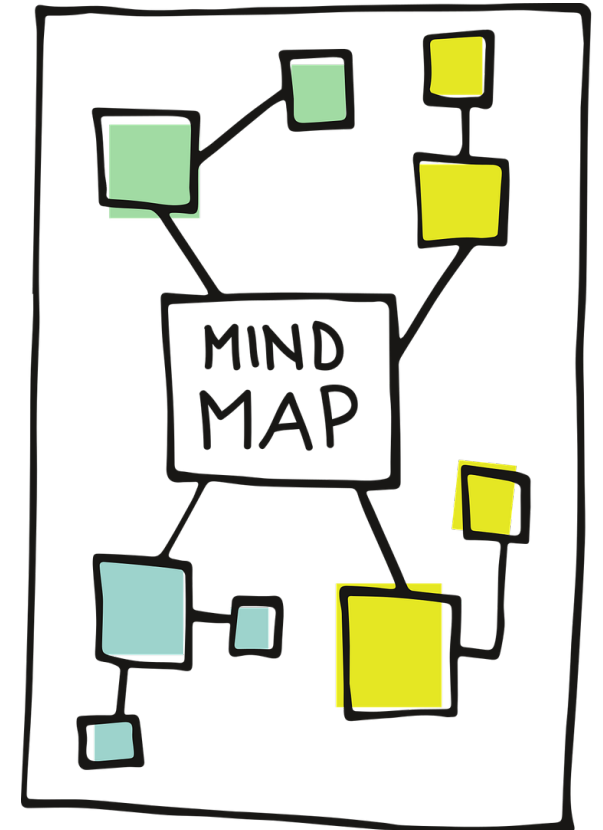
Return to your baseline assessment:

In a different colour pen, make any changes needed, or add anything you have learnt during this series of lessons, to your mind map from Lesson 1.

Private reflection:

What is...

- one thing you will take away from this unit of work?
- one thing you will take away from this lesson?
- one question you still have that you would like to put in the question box?



Signposting support

If you need support or advice, or have concerns, seek help:



In school

- Teacher
- Tutor
- Head of Year



At home

- Parents or carers
- Other family members



Childline

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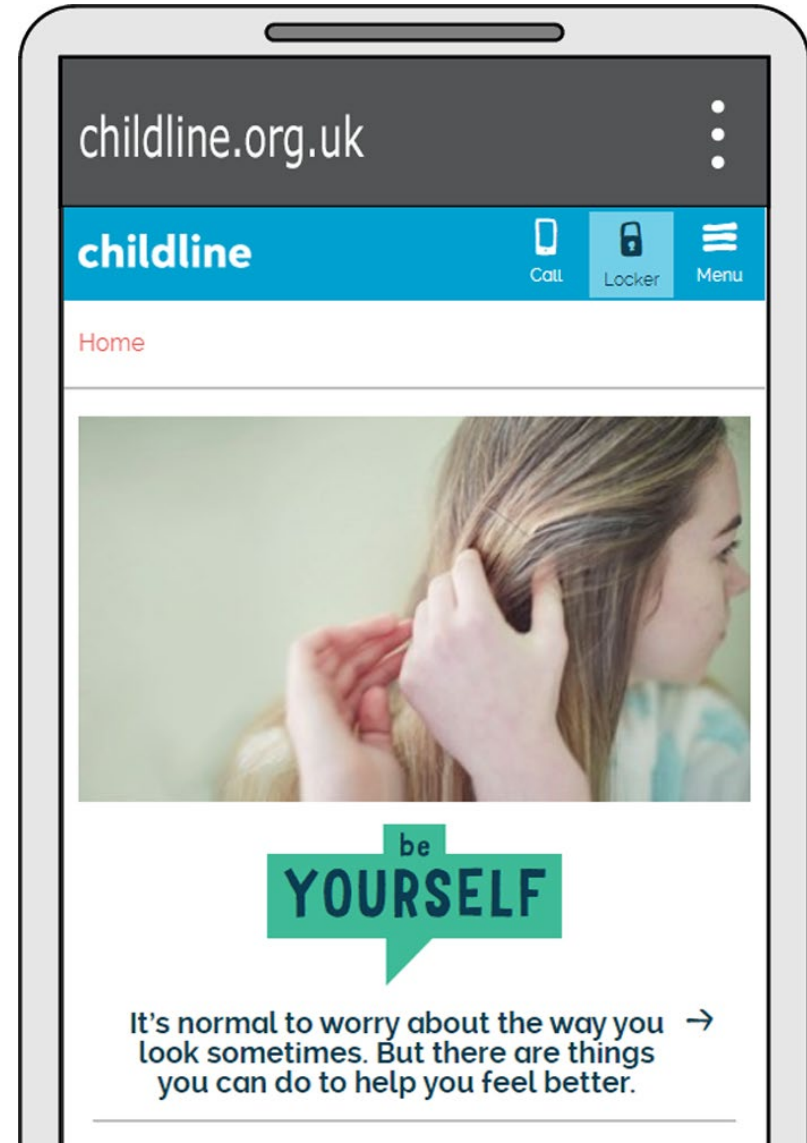


childline.org.uk



0800 1111

Childline is a free 24/7 service for children and young people.



Extension activity

Design an informative post for social media of no more than four images with text, for a target audience of young people in Year 9.

The post should help young people manage the effect of the sexualised media that they are exposed to (that is not pornography), such as:

- film
- music videos
- social media posts

The social media post could explain:

- The differences between how people and relationships are portrayed in the media and in reality.
- How media might affect someone's perceptions of themselves, others and relationships.
- The features of positive and respectful relationships.

Questions?