ADVICE



- · Don't give out your private information.
- Never meet someone you've only known online.
- Stop and think before sending anything.
- Support your friends if you think it is happening to them and tell a trusted adult.
- Tell a trusted adult if you see something that upsets you.

WHERE TO GO FOR HELP AND ADVICE:



















YEAR 7 Grooming & Exploitation

HELP AND ADVICE

WHAT IS GROOMING?

Grooming is when someone builds a relationship, trust and an emotional connection with a child or young person so they can manipulate, exploit and abuse them.

- · Grooming happens both online and in person;
- It can be by a stranger or by someone you already know.

WHAT IS EXPLOITATION

Child Exploitation is the act of using a child under 18, for profit, labour, sexual gratification, or some other personal or financial advantage.

· Child exploitation can cause emotional, physical, and social harm to a child.





SIGNS OF GROOMING A person who is trying to groom you may:

- · Message you lots;
- · Ask you to keep conversations secret:
- Try to isolate you or stop you seeing other people;
- · Start sending you or asking for sexual messages or pictures;
- · Get you to share private information;
- · Try to trick or blackmail you.

LIVE STREAMING AND **SOCIAL MEDIA**

- Live streaming can be recorded by others.
- When you live stream, you can't take back/ edit what you have done.
- · People 'following' you may trick you into doing something you would not normally do.
- Turn location services off.
- Think about what private information you could accidently share.
- Think before you post anything on social media.

