

ADVICE



- Don't give out your private information.
- Never meet someone you've only known online.
- Stop and think before sending anything.
- Support your friends if you think it is happening to them and tell a trusted adult.
- Tell a trusted adult if you see something that upsets you.

WHERE TO GO FOR HELP AND ADVICE:

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111



BBC
OWN IT



internet
matters.org



YEAR 7
Grooming & Exploitation

HELP AND ADVICE

