



# Wash your hands with soap and water for 20 seconds



**1**



**Palm to palm**

**2**



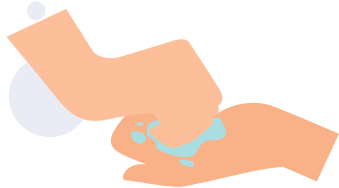
**Backs of hands**

**3**



**Between fingers**

**4**



**Backs of fingers**

**5**



**Thumbs**

**6**



**Tips of fingers**

**To help keep time, sing 'Happy Birthday' twice**

